September 2024

Breakfast menu

SUN	MON	TUES	WED	THUR	FRI	SAT
Every Morning: Oatmeal, Cheerios Raisin Bran, Bran Flakes, Special K, Shredded Wheat					Appa Appa	Zon retit =
1 Cereal Eggs Toast Meat (B)	2 French Toast Meat (P)	3 Cereal Eggs Toast Meat (B)	4 Pastries Eggs Toast Meat (L)	5 Cereal Eggs Toast Meat (B) Biscuits & Gravy	6 Cereal Eggs Toast Meat (P)	7 Cereal Eggs Toast Meat (B)
8 Cereal Eggs Toast Meat (L)	9 Pancakes Meat (B)	10 _{Cereal} Eggs Toast Meat (P)	11_{Pastries} Eggs Toast Meat (B)	12 Cereal Eggs Toast Meat (L) Biscuits & Gravy	13 _{Cereal} Eggs Toast Meat (B)	14 _{Cereal} Eggs Toast Meat (P)
15 _{Cereal} Eggs Toast Meat (B)	16 French Toast Meat (L)	17 Cereal Eggs Toast Meat (B)	18 Pastries Eggs Toast Meat (P)	19 Cereal Eggs Toast Meat (B) Biscuits & Gravy	20 Cereal Eggs Toast Meat (L)	21 Cereal Eggs Toast Meat (B)
22 _{Cereal} Eggs Toast Meat (P)	23 Pancakes Meat (B)	24 _{Cereal} Eggs Toast Meat (L)	25 _{Pastries} Eggs Toast Meat (B)	26 Cereal Eggs Toast Meat (P) Biscuits & Gravy	27 _{Cereal} Eggs Toast Meat (B)	28 _{Cereal} Eggs Toast Meat (L)
29 _{Cereal} Eggs Toast Meat (B)	30 French Toast Meat (P)	Good Ma	orning, Rise	e & Shine		Meat B– Bacon L– Sausage Link P–Sausage Patty

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SUN	MON	TUES	WED	THUR	FRI	SAT
		Please have Substitutions to the Kitchen by: 10:00 am for Noon Meal 3:00 pm for Supper Meal		<u>Substitution List</u> Chef Salad Hamburger Meat/Chz Sandwich Fried Egg Sandwich Baked Potato		
1 Baked Ham Beef Barley Soup Fried Egg Sandwich	2 Chicken Fried Steak Chicken Noodle Soup Grilled Ham & Cheese	3 Lasagna Potato Soup Cold Cut Sandwich	4 Philly Cheese Steak Sandwich Minestrone Soup Tater Tot Casserole	5 Beef & Rice Cream of Broccoli Soup Chicken Salad Sandwich	6 Fish Fry Tomato Soup Grilled Cheese	7 Swiss Steak Chicken & Rice BLT
8 Roast Beef Dinner or Hot Beef Sandwich Potato Soup Chicken Stir Fry	9 Pork Chops Beef Noodle Soup Truffle Chicken over Mac n Cheese	10 Taco Salad Corn Chowder Chicken Alfredo	11 French Dip Potato Soup Chicken & Rice Casserole	12 Steak Caesar Salad Minestrone Soup Spaghetti	13 <u>Shrimp</u> Beef Vegetable Soup Hamburger Gravy over Biscuits	14 Meatloaf Chili Cinnamon Rolls
15 Turkey Dinner Cream of Broccoli Soup Beef Salad Sandwich	16 Tuna Casserole Ham & Bean Soup Chef Salad Garlic Bread Sticks	17 Steak Potato Soup BLT	18 Gyro Sandwich Corn Chowder Cavatini & Garlic Bread	19 Meat & Potato Tomato Soup Grilled Cheese	20 Salmon Beef Vegetable Soup Hamburger Steak	21 Salisbury Steak Chicken Noodle Soup Grilled Ham & Cheese
22 Roast Beef Dinner or Hot Beef Sandwich White Chicken Chili Cold Cut Sandwich	23 Ribs Potato Soup Chicken Salad Sandwich	24 Stir Fry Cream of Broccoli Soup Lasagna	25 Patty Melt Corn Chowder Tuna Salad	26 Fried Chicken Minestrone Soup Pancakes & Bacon	27 Cod Loin Chicken & Rice BLT	28 Baked Potato Bar Chili Cinnamon Rolls
29 Pork Loin Beef Vegetable Soup Tater Tot Casserole	30 Beef & Noodles Potato Soup Fried Egg Sandwich					